Long-term Care Coordination Efforts in Hawaii

Hawaii Going Home Plus Project

Pacific Rim Conference on Disabilities
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Hawaii Going Home Plus Project

Hawaii Department of Human Services - Med-QUEST Division
UH Center on Disability Studies

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Presentation Outline

• Background
• Purpose of Project
• How it Works
• Project Evaluation
• Future
• Case Example
• Contact
Background

• 1999: Olmstead v. L.C Supreme Court decision

• 2005: Money Follows the Person (MFP) Rebalancing Demonstration

• 2007: Hawaii DHS Receives MFP Grant
Hawaii’s Going Home Plus (GHP)

- **Goal:** Transition 415 People From Nursing Homes, Hospitals and ICF-MRs Back to a Community Residence
- **Location:** Statewide
- **Timeline:** Through 2016
Eligibility

• Reside in an Inpatient Facility for a Minimum of 6 Months.
  ▪ Nursing home
  ▪ Hospital
  ▪ ICF-MR

• Receive Medicaid For at Least 1 Month Prior to Transitioning.

• Require Nursing Facility Level of Care.
Community-Based Housing Options

• Own Home or Apartment
• Public or Subsidized Housing
• Foster Home
• Assisted Living
Home and Community-Based Services

Examples:
• Personal Care /Chore
• Nursing
• Meal Delivery
• Adult Day Health/Day Care
• Respite
• Case Management
• Environmental Modifications
• Personal Emergency Response (PERS)
• Foster Homes/Care Homes/ Assisted Living
• Counseling and Training
Process

Identify
- Referrals from Self, Family, or Friend
- Work with Facility Staff to Identify Prospective Participants
- MDS Data

Inform
- Assessment
- Informed Consent
- Preference Interview

Prepare
- Identify 1-3 Caregivers
- Skills Competency Checklist for Each Caregiver, Specific to the Participant (Includes Equipment)
- Diet Education
- Family and Participant Inclusion In Discharge Meetings
- Emergency Back-up Plans
Team Approach

- Client
- Case Manager
- GHP Staff
- Family/Caregiver
- PCP
Evaluation of Going Home Plus

Can the Project:

1) Support Medically Challenging, Long-Stay Facility Residents Who Move Back to the Community

2) Increase the Number of Individuals Living In Community Settings Rather than Facilities

3) Improve Participants’ Quality of Life
GHP Participants

- 37 Transitioned Since December 2008
- Average Number of Months in Institution Prior to Discharge - 18 Months
- For 67%, Transition Planning Took < 2 Months
- For 33%, Transition Planning Took 2-6 Months
- Currently, 92% Remain in the Community
Characteristics of Participants

- 20 Young Persons with Disabilities, 13 Elderly, 4 Persons With DD
- 82% from Oahu, 13% from Big Island, 5% from Kauai
- 57% In Foster Home, 43% Live In Own Home or Apt
Typical Challenging Conditions

- Diabetes
- Obesity
- Depression
- Wound Skin Conditions
- Behavioral Problems
Quality of Life of Participants

- Living Situation
- Health Status
- Respect and Dignity
- Satisfaction
- Choice and Control
- Community Integration and Inclusion
Selected Responses to Quality of Life Survey

Respect and Dignity
- Do the people who help you treat you the way you want them to?
  - Yes- 82%, No- 18%

Living Situation
- Do you feel safe living here?
  - Yes- 82%, No- 18%

Satisfaction
- During the past week have you been happy with the help you get with things around the house or getting around your community?
  - Yes- 64%, No- 27%, Don’t Know- 9%
Continuing Evaluation Tasks

- Examine Quality of Life of Participants at 1 Year and 2 Years After Transition
- Track Length of Stay in the Community
- Track Challenges and Successes in the Community
- Factors Associated with Successfully Transitioning and Living in the Community
## Changing the System

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<th>Challenges</th>
<th>Future Direction</th>
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<tr>
<td>Lack of Affordable, Accessible Housing</td>
<td>Building Relationship With HUD and Local Housing Agencies</td>
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<td>Resistance to Change</td>
<td>Shifting to Community-Based Long-term Care</td>
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<td>Participants with Complex Medical Conditions</td>
<td>• Family</td>
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<td>• Policy</td>
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<td>Training for Caregivers</td>
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Successful Transitions

Hawaii’s Going Home Plus project helped Joanne move back to the community after several years of living in hospitals.

http://www.cds.hawaii.edu/goinghome/success/joanne/
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GHP Website:
http://cds.hawaii.edu/goinghome