Teacher's Notes: Lo‘i Field Trip & Kalo Pa‘ina (Party & Presentation)

For UNIT 5: Ho‘oulu ‘Ai (Agriculture & Botany)

1. Obtain recipes and create a cookbook (optional).

2. Ask students to plan a lu‘au with harvested kalo to create kalo dishes.
   Some dishes to consider preparing are: laulau, kulolo, poi, squid lu‘au, taro chips, mochi bread, ice cream, etc.
   Some of the recipes are attached below.
   Allow time for students to research the Internet or to talk with their ‘ohana
   for kalo recipes. Have these ideas in mind and tell students to review
   menu with tour guide on field trip to local lo‘i below.
   Invite family and friends to luau. Tell students to create invitations, plan a presentation of what they’ve learned, display pictures or show a video, figure out what supplies are needed (tables, chairs, screen, microphones, speakers, paper goods, utensils, etc.).

3. Visit local lo‘i. Greet tour guide with a lei. Go with the intention to restore, learn about the cultural history of the lo‘i patches and to harvest kalo for luau. Have students talk about their luau and to gather ideas on how to prepare these foods. Ask tour guide to show students how to pound poi.