Pre-Test: Nā Mea Lā’au

DIRECTION: Circle the letter of the correct answers below on the right.

1. Kukui is used for…
   a. cold sores
   b. broken bones
   c. sinus pain
   d. headaches

2. Popolo is a type of…
   a. massage method
   b. berry
   c. cancer
   d. blood disorder

3. Niu is…
   a. sweet potato
   b. turmeric
   c. coconut
   d. candlenut

4. Noni helps people with…
   a. diabetes
   b. sinus
   c. sores
   d. a & c

5. Ki is a…
   a. vine
   b. bamboo
   c. gourd
   d. ti plant

6. Lā’au means…
   a. swim
   b. plant
   c. stand
   d. stone

7. Kahuna is…
   a. a doctor
   b. a specialist
   c. a & b
   d. none of the above

8. Ho’oponopono is…
   a. cure
   b. physical therapy
   c. social disorder
   d. problem solving

9. Lomilomi is a type of…
   a. massage
   b. acupuncture
   c. reflexology
   d. none of the above

10. OTC means…
    a. open therapy care
    b. over the counter
    c. out take care
    d. none of the above

11. Prescription is a…
    a. written direction to medicate
    b. medical compound
    c. medical measurement
    d. medicine

12. Dosage is a
    a. medical treatment
    b. doctor’s note
    c. medicinal measurement
    d. value

13. Pharmacy is a
    a. a drugstore
    b. a doctor’s office
    c. a medical treatment
    d. none of the above

14. Topical treatment you…
    a. peel off
    b. scratch
    c. apply on the skin
    d. swallow

15. Internal treatment you…
    a. investigate
    b. take inside the body
    c. examine
    d. apply outside the body