The MFP Rebalancing Demonstration:
Status as of the end of 2015

Presentation at the 2016 National HCBS Conference Intensive: Money Follows the Person (MFP) Rebalancing Demonstration
Washington, DC

August 29, 2016

Carol V. Irvin • Author • Author
Overview of State Grantee Progress

• Transitions

• Expenditures on community-based long-term services and supports (LTSS)

• Rebalancing funds

• Other areas of progress
  – Rates of reinstitutionalization
  – Self direction
  – Employment supports
  – Housing supports
Transitions
Transitioned More than 63,000 Beneficiaries by the End of 2015

The Volume of Transitions Continues to Grow

• Annual transitions have exceeded 10,000 each year since 2013

• Calendar year 2015
  – First time the annual volume of transitions exceeded 11,000 Medicaid beneficiaries
  – Two state grantees transitioned more than 1,000 people—Ohio (1,658) and Texas (1,038)—accounting for 24 percent of all MFP transitions during the year
  – Four state grantees transitioned more than 500 people—Washington (964), Connecticut (750), Illinois (641), and Massachusetts (549)—accounting for 25 percent of all MFP transitions during the year
Mixed History in Predicting Volume of Transitions

Proposed Versus Actual Number for MFP Transitions

For 2015, Over Predicted Transitions for Some Groups and Under Predicted for Others

Progress Toward 2015 Transition Goals by Targeted Population

Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.
Challenging to Predict Length of Time from Initial Assessment to Transition

Average Number of Days From Time of Initial Assessment to Actual Transition

Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.

States
2008-2010  2011-2015
Expenditures on Community-Based LTSS
History of Achieving Expenditure Goals

Projected Versus Actual Community-Based LTSS Expenditures

Rebalancing Funds
Expenditures from MFP Rebalancing Funds Grew Substantially from 2013 to 2014

Cumulative Expenditures of State Rebalancing Funds

MFP Rebalancing Funds Most Commonly Used to Expand Waiver Capacity

Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.
Other Areas of Progress
Reinstitutionalization Rates Remain Low

Percentage of Participants Reinstitutionalized for More than 30 Days

Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.
Reinstitutionalization Rates Slowly Increasing for Older Adult MFP Participants

Percentage of Older Adults Reinstitutionalized for More Than 30 Days

Self Direction Commonly Offered, But Not Particularly Popular

• 39 grantee states offer self direction to MFP participants
  – Approximately 24 percent of MFP participants were self directing at the end of 2015
  – In three grantee states, more than half self direct
  – Of those self directing
    • 73 percent manage an allowance or budget
    • 40 percent hire or supervise their own personal assistants
Many Grantees Building Employment Supports

• In 2015, 30 grantee states provided at least one kind of employment service or support
  – Job coaching (17 grantees)
  – Budgeting and management of personal finances (12 grantees)

• More than half reported progress on partnering with state employment agencies
  – Multiagency working groups to address employment for people with disabilities
  – Cross-agency awareness training
  – Shared enrollment information to determine eligibility for services
Grantees Help Secure the Full Range of Housing Options

Percentage of New MFP Participants Who Transitioned to Each Type of Qualified Residence

- Home, 29%
- Apartment, 34%
- Group home, 15%
- Qualified apartment in an assisted-living facility, 9%
- Unknown, 13%

Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.
Different Target Populations Move to Different Types of Housing

Types of Qualifying Housing by Target Population

Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.
Grantees Pursuing a Wide Range of Strategies to Address the Housing Challenge

Strategies Used to Improve Housing Options

Source: Mathematica analysis of State MFP Grantee Semiannual Progress Reports for 2015.
Summary

• Calendar year 2015
  – Eighth year of the MFP demonstration
  – Majority of the 44 grantee states have reached maturity
  – Hit a new level of transitions

• Trends seen in the data
  – Hitting expenditure goals, but still need to work on predicting volume of transitions
  – Most transitions are successful, but reinstitutionalization rates trending upward for some targeted populations
  – Working on hard on housing and continue to implement new housing initiatives
For More Information

• CMS
  – Effie George
    • Effie.George@cms.hhs.gov
  – CMS MFP website
    • http://www.medicaid.gov/medicaid-chip-program-information/by-topics/long-term-services-and-supports/balancing/money-follows-the-person.html

• Mathematica
  – Carol Irvin
    • CIlrvin@mathematica-mpr.com
  – Mathematica MFP website